

# Holiday Swimming Timetable

(For up to date Timetable, please check the FitSense App)

'Bookable adult swim', 'Members Leisure Time' and 'Leisure Time' sessions are all bookable 7 days in advance for members. Non-members can book on the day for these sessions (Excl. Member times) by calling reception (01752 407999), payment is required at time of booking.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00							
07:00							
08:00	06:00 - 10:40 Bookable Adult Swim	06:00 - 10:40 Bookable Adult Swim	06:00 - 10:40 Bookable Adult Swim	06:00 - 10:40 Bookable Adult Swim	06:00 - 10:40 Bookable Adult Swim	07:00 - 10:40 Bookable Adult Swim	08:00 - 10:40 Bookable Adult Swim
09:00							
10:00							
11:00	10:40 - 12:10 Members Leisure Time	10:40 - 12:10 Members Leisure Time	10:40 - 12:10 Members Leisure Time	10:40 - 12:10 Members Leisure Time	10:40 - 12:10 Members Leisure Time	10:40 - 12:10 Members Leisure Time	10:40 - 12:10 Members Leisure Time
12:00							
13:00	12:40 - 13:25 Aqua Fit	12:40 - 13:25 Aqua Fit	12:40 - 13:25 Aqua Fit	12:40 - 13:25 Aqua Fit	12:40 - 13:25 Aqua Fit	12:10 - 14:00 Open Adult Swim.	12:10 - 14:00 Open Adult Swim.
14:00	13:40 - 15:00 Open Adult Swim.	13:40 - 15:00 Open Adult Swim.	13:40 - 15:00 Open Adult Swim.	13:40 - 15:00 Open Adult Swim.	13:40 - 15:00 Open Adult Swim.		
15:00						14:00- 16:40 Leisure Time.	14:00 - 16:40 Leisure Time.
16:00	15:00 - 17:40 Leisure Time.	15:00 - 17:40 Leisure Time.	15:00 - 17:40 Leisure Time.	15:00 - 17:40 Leisure Time.	15:00 - 17:40 Leisure Time.		
17:00							
18:00	17:40 - 21:20 Open Adult Members Swim	17:40 - 19:00 Open Adult Members Swim	17:40 - 21:20 Open Adult Members Swim	17:40 - 19:00 Open Adult Members Swim	17:40 - 21:20 Open Adult Members Swim		
19:00		19:05 - 19:50 Aqua Fit		19:05 - 19:50 Aqua Fit			
20:00		20:00 - 21:20 Open Adult Members Swim		20:00 - 21:20 Open Adult Members Swim			
21:00							